

ALP Sittingbourne

Allergy Management Policy

March 2026





Statement:	
This statement was approved:	
This statement will be reviewed:	

1. Aims

This policy aims to:

- Set out ALP Sittingbourne's approach to allergy management, including reducing the risk of exposure and responding to allergic reactions.
- Ensure that pupils with allergies are safe, supported and included in all learning activities.
- Promote allergy awareness across the setting among pupils, staff and visitors.
- Ensure staff understand how to recognise and respond to allergic reactions, including anaphylaxis.

2. Legislation and guidance

This policy is based on guidance from:

- The Department for Education on supporting pupils with medical conditions in school
- The Department of Health and Social Care guidance on emergency adrenaline auto-injectors in schools

And the following legislation:

- The Food Information Regulations 2014
- The Food Information (Amendment) (England) Regulations 2019

ALP Sittingbourne also follows guidance from the Food Standards Agency regarding food allergens.

2.1 Key updates and requirements (Benedict's Law)

ALP Sittingbourne recognises the importance of recent national developments in allergy safety following the death of Benedict Blythe, which led to the campaign known as Benedict's Law.

Although Benedict's Law is currently being progressed through Parliament, the campaign has highlighted significant improvements that schools and alternative provisions are encouraged to implement to improve allergy safety.

ALP Sittingbourne will work in line with the principles promoted through Benedict's Law and associated national allergy safety guidance.

These include:

Improved allergy awareness and training

All staff will receive appropriate training to help them:

- Recognise signs of allergic reactions and anaphylaxis
- Respond quickly and appropriately to a medical emergency
- Understand how to administer adrenaline auto-injectors (AAIs)

Training will be refreshed regularly and new staff will receive allergy awareness training as part of their induction.

Clear identification of pupils with allergies

ALP Sittingbourne will ensure that:

- Pupils with allergies are clearly identified within internal systems
- Relevant staff are informed of pupils' allergens and action plans
- Allergy Action Plans from healthcare professionals are kept on record

This helps staff respond quickly and reduce risk.

Safe management of food and allergens

The provision will:

- Promote strong allergen awareness when food is used in activities
- Follow guidance from the Food Standards Agency on allergen management
- Encourage pupils not to share food
- Communicate with parents regarding food brought into the setting

Where necessary, individual risk assessments will be completed.

Emergency preparedness

ALP Sittingbourne will:

- Maintain spare adrenaline auto-injectors (AAs) where appropriate in line with Department of Health and Social Care guidance
- Ensure staff know where emergency medication is stored
- Ensure clear procedures are in place for responding to anaphylaxis
- Contact emergency services immediately if a severe allergic reaction occurs

Culture of inclusion and safety

ALP Sittingbourne aims to create a culture where:

- Pupils with allergies feel safe and supported
- Staff understand the seriousness of allergies
- Allergy awareness is promoted across the whole setting

The setting will continue to monitor national developments relating to Benedict's Law and will update this policy to reflect any new statutory requirements.

3. Roles and responsibilities

ALP Sittingbourne adopts a whole-setting approach to allergy awareness and management.

3.1 Allergy Lead

The nominated Allergy Lead will be *Teresa Donnellan*.

Responsibilities include:

- Promoting allergy awareness across the setting

- Keeping records of pupils with allergies
- Ensuring pupils with allergies have an Allergy Action Plan from a medical professional
- Ensuring staff receive appropriate training
- Monitoring the availability and expiry dates of adrenaline auto-injectors (AAIs)
- Ensuring risk assessments are carried out where necessary
- Reviewing and updating the allergy policy annually

3.2 First Aid Lead (Teresa Donnellan)

The First Aid Lead is responsible for:

- Managing medical documentation provided by parents
- Coordinating medication stored at ALP Sittingbourne
- Ensuring spare AAIs are in date
- Supporting staff in medical emergencies

3.3 Teaching and Support Staff

Staff are responsible for:

- Maintaining awareness of the allergy policy
- Recognising signs of allergic reactions and anaphylaxis
- Attending required allergy and first aid training
- Being aware of pupils with allergies in their care
- Considering allergens when planning activities involving food or animals
- Promoting a safe environment for pupils with allergies

3.4 Parents and carers

Parents/carers are responsible for:

- Informing ALP Sittingbourne of their child's allergies
- Providing up-to-date medical information and action plans
- Supplying two in-date AAIs where prescribed

- Replacing medication before expiry
- Following guidance regarding food brought into the setting
- Informing the provision of any changes to their child's condition

3.5 Pupils with allergies

Where appropriate, pupils are expected to:

- Understand their allergens
- Inform staff if they feel unwell
- Carry their AAI if medically advised and age-appropriate
- Avoid sharing food with other pupils